

Mac Joe's Lunch

STARTERS (NGF)

- MOB QUESO...8
MILLIONAIRE TACOS...8
ITALIAN NACHOS...9
FRIED GREEN TOMATOES...8
TEMPURA SHRIMP & ASPARAGUS...10

SOUPS & SALADS

- CHICKEN TORTILLA OR SOUP DE JOUR.....CUP 4.....BOWL 6
SOUP & SALAD COMBO...9

APPLEWOOD SPINACH SALAD....8

SPINACH, MUSHROOMS, RED ONIONS, AND WARM BACON DRESSING

STRAWBERRY & WALNUT SALAD....8 ADD CHICKEN....2

SLICED STRAWBERRIES, CANDIED WALNUTS, GORGONZOLA & RASPBERRY VINAIGRETTE

GOAT CHEESE SALAD....8

SPICY PINION CRUSTED GOAT CHEESE WITH LIME BASIL DRESSING

THE WEDGE....8

ICEBERG, PROSCIUTTO, RED ONION, CAPERS, TOMATO, GORGONZOLA & SPICY CUCUMBER DRESSING

THAI ROMA SALAD....9

PANNED CHICKEN, ORANGES, CARROTS, CUCUMBER, PEAS & PEANUTS TOSSED IN ASIAN DRESSING

MEDITERRANEAN SALAD....9

CHICKEN, PEPPERONI, ARTICHOKE, OLIVES, CUCUMBER, SUN-DRIED TOMATO, FETA & BALSAMIC VINAIGRETTE

FRESH GRILLED SALMON SALAD....12

SEASONED PUMPKIN SEEDS, TOMATOES & BALSAMIC VINAIGRETTE

AHI TUNA SALAD....12

RARE AHI, ASPARAGUS, CUCUMBER, TOMATO & BALSAMIC VINAIGRETTE

BLACK ANGUS BEEF SALAD....11

BLACK ANGUS STEAK, PEPPERS, ONIONS & SPICY CUCUMBER DRESSING

TAOS CHICKEN SALAD....9

BLACK BEANS, CORN, GREEN CHILI, TOMATO, CHEESE & MARGARITA LIME DRESSING

GRILLED CHICKEN CAESAR....9

CAPRESE SALAD....8

HEIRLOOM TOMATOES, BUFFALO MOZZARELLA, DRIZZLED WITH BASIL PINE NUT PESTO AND BALSAMIC DRIZZLE

ADD GRILLED CHICKEN OR CHICKEN SALAD2

DELIMOSCO (NGF)

CHICKEN AVOCADO (wrap or pizza)....9

GRILLED CHICKEN, PICO, AVOCADO, CHEDDER CHEESE, LETTUCE

FILET & GORGONZOLA (wrap or pizza)....9

BLACK ANGUS STEAK TIPS, PESTO, GORGONZOLA, TOMATO, RED ONION

KNIFE AND FORK WAGU PANINI....10

TENDER WAGU BEEF, CABERNET CARAMELIZED ONIONS, SPINACH, FIG AIOLI ON A THIN PANINI SERVED WITH SWEET POTATO FRIES

NEW YORK GYRO....9

MARINATED FILET STRIPS, FETA, CUCUMBER, OLIVES, PURPLE ONIONS, & CUCUMBER RANCH IN A SOFT GREEK PITA

(NGF) (NOT MADE GLUTEN FREE)

MACJOES LUNCH

PASTA

ASIAGO CHICKEN FARFALLE....8

GRILLED CHICKEN, PROSCIUTTO, PEAS, RED AND GREEN ONIONS

LEMON BUTTER SHRIMP....9

SPINACH, MUSHROOMS AND GARLIC

CONFETTI SPAGHETTI....8

OLIVES, ARTICHOKE, FETA, TOMATOES & GARLIC HERBED OLIVE OIL

SHRIMP CAPRICCIO....9

ARTICHOKE AND SUN-DRIED TOMATOES WITH A HERBED CREAM SAUCE

LASAGNA....9

PEPPERONI, GROUND BEEF, ITALIAN SAUSAGE, MOZZARELLA, PARMESAN & RICOTTA

GREEN CHILI CHICKEN FARFALLE....9

CHICKEN tossed in a GREEN CHILI, SPINACH & SUN-DRIED TOMATO PESTO

CHICKEN SCALLOPINI....10

TOMATOES, MUSHROOMS, PROSCIUTTO, SQUASH, ZUCCHINI AND MOZZARELLA

GARDEN VEGETABLE TETTRAZINE....9

SQUASH, ZUCCHINI, MUSHROOMS, TOMATOES, GREEN ONIONS & SPINACH

CHICKEN PARMESAN10

PAN-SAUTEED WITH MARINARA AND MOZZARELLA

CHICKEN SPAGHETTI..8

Grilled chicken in a spicy cream sauce with bell peppers and onions

BLACKENED BAYOU PASTA....13

CHOOSE BLACKENED (SHRIMP, CHICKEN OR TILAPIA)

ON FETTUCCINI OR TORTELLINI W/ BAYOU CREAM SAUCE (spicy) !!

SPECIALIT'A

STUFFED AVOCADO....9

HALF AVOCADO, HOMEMADE CHICKEN SALAD, PICO & TORTILLA STRIPS

CHICKEN AND MUSHROOM CREPES....9

PAN-SAUTEED CHICKEN & MUSHROOMS TOSSED WITH RED ONION, LEMON BUTTER, WRAPPED IN GARLIC SPINACH CREPES, TOPPED WITH CREAMED SPINACH **NGF**

MOB CHICKEN....10

PAN-SAUTEED WITH MOB QUESO, TOPPED WITH WONTONS, TOMATOES, AND ANCHO GINGER AIOLI.. **NGF**

FRESNO CHICKEN....9

GRILLED WITH GREEN CHILI PESTO AND MOZZARELLA CHEESE. SERVED WITH POTATO & VEGETABLE

TILAPIA TACOS....10

MARINATED TILAPIA, CABBAGE, CHEESE, FLOUR TORTILLAS & SWEET POTATO FRIES

BASIL SALMON....12

GRILLED WITH CORN SALSA AND BASIL

MANGO TILAPIA....11

BLACKENED WITH A MANGO JALAPENO GLAZE. SERVED WITH A VEGETABLE MEDLEY

TOPPED FILET....15

5 OZ. FILET PREPARED WITH GORGONZOLA BUTTER OR MESCAL GLAZED

TEXAN FRIED STEAK...12

THIN BEEF TENDERLOIN MEDALLIONS BATTERED AND PAN-SEARED, SERVED WITH WHIPPED POTATOES AND HOMEMADE PEPPERCORN SAUCE **NGF**

(NGF) (NOT MADE GLUTEN FREE)