



STARTERS

- MOB QUESO...8
EAST COAST CRAB DIP...9
FRIED GREEN TOMATOES...8
MILLIONAIRE TACOS...8
HOT & CRUNCHY SHRIMP...9

SOUPS & SALADS

SOUTHWEST CHICKEN TORTILLA, ROASTED RED PEPPER, OR SOUP DE JOUR
(CUP 4 BOWL 6)

- APPLEWOOD SPINACH SALAD...8
PINENUTS AND WARM BACON DRESSING
STRAWBERRY WALNUT SALAD...8
APPLES, CANDIED WALNUTS, RASPBERRY VINAIGRETTE
GOAT CHEESE SALAD...8
PINENUTS AND LIME BASIL DRESSING
THE WEDGE...8
MEDITERANIAN SALAD...8
Pepperoni, artichokes, olives, cucumber, tomato & feta
SOUP & SALAD COMBO...9
GRILLED SALMON SALAD...10
Seasoned Pumpkin seeds, tomatoes, citrus vinaigrette
AHI TUNA SALAD...10
New potatoes, asparagus, cucumbers, tomatoes, vinaigrette
TENDERLOIN SALAD...10
TAOS CHICKEN SALAD...9
Black bean, corn, green chili, tomatoes, cheese & margarita lime dressing
GRILLED CHICKEN CAESAR...9

WRAPS or PIZZA

- HONEY DIJON CHICKEN...8
Red onion, mozzarella, tomato, toasted almonds
SOUTHWEST TURKEY AVOCADO...8
Guacamole, Pico, cheddar
MEDITERANIAN...8
Feta, olives, sun-dried tomato, peppercorn
CHICKEN SUNDRIED TOMATO...8
Pine nuts, goat cheese, garlic aioli
ITALIAN TOMATO BASIL BEEF...8
Pesto, gorgonzola, tomato, red onion
SOUP COMBO..10

PASTA

ASIAGO FARFALLE...8

PROSCIUTTO, PEAS, RED ONIONS,

LEMON BUTTER SHRIMP...9

SPINACH, MUSHROOM, GARLIC, PINE NUTS

CONFETTI SPAGHETTI...8

OLIVES, ARTICHOKE, TOMATOES AND GARLIC

SHRIMP CAPRICCIO...9

ARTICHOKE, SUN-DRIED TOMATOES

LASAGNA...8

3 MEAT 3 CHEESE

GREEN CHILI FARFALLE...8

GREEN CHILI - SUN-DRIED TOMATO PESTO, ALMONDS

CHICKEN SCALLOPINI...10

TOMATO, MUSHROOM, PROSCIUTTO, SQUASH,

GARDEN VEGETABLE TETRAZINE...9

BECHAMEL SAUCE, SQUASH, ZUCCHINI, MUSHROOMS, BASIL

SPECIALT'A

MOB CHICKEN...9

WITH MOB QUESO, WON TONS AND ANCHO AIOLI

FRESNO CHICKEN...9

WITH GREEN CHILI PESTO, CHEESES AND VEGETABLES

CHICKEN PARMESAN RICOTTA...10

OVER ANGLE HAIR, MARINARA & RICOTTA

CARIBBEAN TILAPIA...10

GRILLED WITH PINAPPLE SALSA, & VEGETABLES

BASIL SALMON...11

CORN SALSA AND POTATOES

MANGO TILAPIA...10

GLAZED WITH A MANGO JALAPENO GLAZE, VEGETABLES AND POTATO

TOPPED FILET...13

5 OZ FILET, WITH GARGONZOLA BUTTER OR SANTA FE STYLE