

MJ

STARTERS

- MOB QUESO...8
EAST COAST CRAB DIP...9
MILLIONAIRE TACOS...8
HOT & CRUNCHY SHRIMP...9
FRIED GREEN TOMATOES...8

SOUPS & SALADS

- CHICKEN TORTILLA OR SOUP DE JOURCUP 4...BOWL 6
APPLEWOOD SPINACH SALAD...8
PINENUTS AND WARM BACON DRESSING
STRAWBERRY & WALNUT SALAD...8
SLICED STRAWBERRIES, CANDIED WALNUTS, GORGONZOLA & RASPBERRY VINAIGRETTE
GOAT CHEESE SALAD...8
SPICY PINION CRUSTED GOAT CHEESE, PINENUTS AND LIME BASIL DRESSING
THE WEDGE...8
Iceburg, bacon, prosciutto, red onion, capers, tomato, gorgonzola
MEDITERRANEAN SALAD...9
CHICKEN, PEPPERONI, ARTICHOKE, OLIVE, CUCUMBER, SUN-DRIED TOMATO, FETA AND BALSAMIC VINAIGRETTE
SOUP & SALAD COMBO...9
GRILLED SALMON SALAD...10
SEASONED PUMPKIN SEEDS, TOMATOES AND CITRUS VINAIGRETTE
AHI TUNA SALAD...10
RARE AHI, ASPARAGUS, CUCUMBERS, TOMATOES & SOY GINGER DRESSING
BLACK ANGLUS BEEF SALAD...10
Strips of tenderloin, peppers, onions, spicy cucumber dressing
TACOS CHICKEN SALAD...9
BLACK BEAN, CORN, GREEN CHILI, TOMATOES, CHEESE AND MARGARITA LIME DRESSING
GRILLED CHICKEN CAESAR...9

DELIMOSCO

- CHICKEN AVOCADO (wrap or Pizza)...8
ITALIAN TOMATO BASIL BEEF (wrap or Pizza)...8
BLACK ANGLUS STEAK TIPS, PESTO, GORGONZOLA, TOMATO, RED ONION
GRILLED TURKEY GOUDA SLIDERS..8
MINI TURKEY BURGERS, GOUDA, red onion pickle relish, sweet potato fries
TILAPIA TACOS..9
MARINATED GRILLED TILAPIA, W/ BAJA SOUR CREAM, CABBAGE, CHEESE & SWEET POTATO FRIES

PASTA

ASIAGO FARFALLE...8

GRILLED CHICKEN, PROSCIUTTO, PEAS, RED AND GREEN ONIONS,

LEMON BUTTER SHRIMP...9

SPINACH, MUSHROOM, GARLIC AND PINE NUTS

CONFETTI SPAGHETTI...8

OLIVES, ARTICHOKE, TOMATOES, GARLIC HERBED OLIVE OIL

SHRIMP CAPRICCIO...9

ARTICHOKE AND SUN-DRIED TOMATOES & HERBED CREAM SAUCE

LASAGNA...8

PEPPERONI, GROUND BEEF, ITALIAN SAUSAGE, MOZZARELLA, PARMESAN AND RICOTTA

GREEN CHILI CHICKEN FARFALLE...8

GREEN CHILI, CHICKEN AND SUN-DRIED TOMATO PESTO WITH ALMONDS

CHICKEN SCALLOPINI...10

TOMATO, MUSHROOM, PROSCIUTTO, SQUASH, ZUCCHINI AND MOZZARELLA

GARDEN VEGETABLE TETTRAZINE...9

SQUASH, ZUCCHINI, MUSHROOMS, TOMATOES, GREEN ONIONS AND SPINACH

CHICKEN PARMESAN RICOTTA...10

PAN-SAUTEED WITH MARINARA AND RICOTTA

SPECIALTÌ'A

FRENCH ENCHILADAS ..8

PAN SAUTEED CHICKEN & MUSHROOMS TOSSED WITH RED ONION LEMON BUTTER,
WRAPPED IN GARLIC SPINACH CREPES, TOPPED WITH CREAMED SPINACH

STUFFED AVOCADO..8

A HALVED AVOCADO STUFFED WITH CUMIN GROUND TURKEY, TOPPED
WITH GREEN CHILI CREAM SAUCE AND CHEESE

MOB CHICKEN...9

PAN-SAUTEED WITH MOB QUESO, WONTONS, TOMATOES AND ANCHO GINGER AIOLI

FRESNO CHICKEN...9

GRILLED WITH GREEN CHILI PESTO AND MOZZARELLA CHEESE

BASIL SALMON...11

GRILLED WITH CORN SALSA AND BASIL

MANGO TILAPIA...10

WITH A MANGO JALAPENO GLAZE & VEGETABLE MEDLEY

TOPPED FILET...13

5 OZ FILET PREPARED WITH GORGONZOLA BUTTER OR SANTA FE STYLE